

DAY	HR	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1		2.1	2.5	2.9	3.0	3.0	2.7	2.3	1.9	1.7	1.8	2.1	2.4	2.7	2.9	3.1	3.0	2.6	2.1	1.5	1.0	0.8	0.8	1.1	1.4
2		1.8	2.3	2.7	2.9	3.0	2.8	2.5	2.1	1.7	1.7	1.9	2.1	2.4	2.7	2.9	2.9	2.8	2.4	1.9	1.4	1.0	0.9	1.1	1.4
3		1.7	2.1	2.5	2.8	2.9	2.8	2.6	2.3	1.9	1.7	1.7	1.9	2.2	2.4	2.6	2.8	2.8	2.6	2.2	1.8	1.4	1.2	1.2	1.4
4	☾	1.6	1.9	2.2	2.6	2.8	2.8	2.7	2.5	2.1	1.8	1.6	1.7	1.9	2.1	2.3	2.5	2.6	2.6	2.4	2.2	1.8	1.5	1.4	1.5
5		1.6	1.8	2.1	2.4	2.6	2.8	2.8	2.6	2.3	2.0	1.7	1.6	1.6	1.8	1.9	2.1	2.3	2.4	2.4	2.4	2.2	1.9	1.8	1.7
6		1.7	1.8	2.0	2.2	2.4	2.6	2.7	2.7	2.5	2.2	1.9	1.6	1.5	1.5	1.6	1.7	1.9	2.1	2.3	2.4	2.4	2.3	2.2	2.0
7		1.9	1.9	2.0	2.1	2.3	2.5	2.6	2.7	2.7	2.5	2.2	1.8	1.5	1.3	1.2	1.3	1.5	1.8	2.0	2.3	2.5	2.5	2.5	2.4
8		2.2	2.0	2.0	2.0	2.2	2.4	2.5	2.7	2.8	2.7	2.5	2.1	1.7	1.3	1.0	1.0	1.1	1.4	1.7	2.0	2.3	2.6	2.7	2.7
9		2.6	2.4	2.1	2.0	2.1	2.3	2.5	2.6	2.8	2.9	2.8	2.5	2.0	1.5	1.0	0.7	0.7	1.0	1.3	1.7	2.1	2.5	2.8	2.9
10		2.9	2.8	2.4	2.0	1.9	2.1	2.3	2.6	2.8	2.9	3.0	2.8	2.4	1.9	1.3	0.7	0.5	0.6	0.9	1.4	1.8	2.2	2.7	3.0
11	●	3.1	3.1	2.8	2.3	1.9	1.9	2.1	2.4	2.7	2.9	3.1	3.1	2.8	2.3	1.7	1.0	0.5	0.3	0.5	0.9	1.4	1.9	2.4	2.8
12		3.1	3.2	3.1	2.7	2.2	1.8	1.8	2.1	2.5	2.8	3.0	3.2	3.2	2.8	2.2	1.5	0.8	0.3	0.2	0.5	1.0	1.5	2.0	2.6
13		3.0	3.3	3.3	3.1	2.6	2.0	1.7	1.8	2.2	2.6	2.9	3.1	3.3	3.2	2.8	2.1	1.4	0.7	0.2	0.1	0.5	1.1	1.6	2.2
14		2.7	3.2	3.4	3.3	3.0	2.4	1.8	1.5	1.7	2.2	2.6	3.0	3.2	3.4	3.3	2.7	2.0	1.3	0.6	0.2	0.2	0.7	1.2	1.8
15		2.4	2.9	3.3	3.4	3.2	2.8	2.2	1.6	1.5	1.7	2.2	2.6	3.0	3.3	3.4	3.2	2.6	1.9	1.2	0.6	0.3	0.5	0.9	1.4
16		2.0	2.6	3.1	3.3	3.2	3.0	2.5	1.9	1.4	1.4	1.7	2.1	2.6	3.0	3.3	3.4	3.1	2.6	1.9	1.2	0.7	0.5	0.8	1.2
17		1.7	2.2	2.8	3.1	3.2	3.1	2.7	2.2	1.6	1.3	1.4	1.7	2.1	2.5	2.9	3.2	3.2	3.0	2.5	1.9	1.3	0.9	0.9	1.1
18	☽	1.5	2.0	2.5	2.9	3.1	3.1	2.9	2.4	1.9	1.4	1.2	1.3	1.6	2.0	2.4	2.7	3.0	3.0	2.8	2.4	2.0	1.5	1.3	1.3
19		1.5	1.8	2.2	2.6	2.9	3.0	3.0	2.7	2.2	1.7	1.3	1.2	1.3	1.5	1.8	2.1	2.5	2.7	2.8	2.7	2.4	2.1	1.8	1.7
20		1.7	1.8	2.1	2.4	2.7	2.9	2.9	2.8	2.5	2.1	1.7	1.3	1.1	1.1	1.3	1.6	1.9	2.2	2.5	2.6	2.6	2.5	2.4	2.2
21		2.0	2.0	2.1	2.2	2.4	2.7	2.8	2.8	2.7	2.5	2.1	1.7	1.3	1.0	1.0	1.1	1.3	1.7	2.0	2.3	2.5	2.7	2.7	2.6
22		2.5	2.2	2.1	2.1	2.3	2.5	2.6	2.8	2.8	2.7	2.5	2.1	1.7	1.2	0.9	0.8	0.9	1.2	1.5	1.9	2.2	2.5	2.8	2.9
23		2.8	2.6	2.3	2.1	2.1	2.3	2.5	2.6	2.7	2.8	2.8	2.5	2.1	1.6	1.1	0.7	0.6	0.8	1.1	1.5	1.9	2.2	2.7	3.0
24		3.1	2.9	2.6	2.2	2.0	2.1	2.3	2.5	2.7	2.8	2.9	2.8	2.5	2.1	1.5	0.9	0.6	0.5	0.8	1.2	1.6	2.0	2.4	2.8
25		3.1	3.1	2.9	2.4	2.0	1.8	2.0	2.3	2.5	2.7	2.9	3.0	2.9	2.5	1.9	1.3	0.8	0.4	0.5	0.9	1.3	1.7	2.2	2.6
26	○	3.0	3.1	3.0	2.7	2.2	1.8	1.7	2.0	2.4	2.6	2.8	3.0	3.1	2.8	2.3	1.7	1.1	0.6	0.4	0.7	1.1	1.5	2.0	2.4
27		2.9	3.1	3.1	2.8	2.4	1.9	1.6	1.7	2.1	2.4	2.7	2.9	3.1	3.1	2.7	2.1	1.5	0.9	0.5	0.5	0.9	1.3	1.8	2.2
28		2.7	3.0	3.1	2.9	2.6	2.1	1.6	1.5	1.8	2.2	2.5	2.8	3.1	3.2	3.0	2.5	1.9	1.2	0.7	0.5	0.7	1.1	1.5	2.0
29		2.6	3.0	3.1	3.0	2.7	2.3	1.7	1.4	1.5	1.9	2.3	2.6	2.9	3.2	3.2	2.8	2.2	1.6	1.0	0.6	0.7	1.0	1.4	1.8
30		2.3	2.8	3.1	3.0	2.8	2.4	1.9	1.5	1.4	1.6	2.0	2.4	2.7	3.1	3.2	3.0	2.6	2.0	1.4	0.9	0.7	0.9	1.3	1.7
31		2.1	2.6	3.0	3.1	2.9	2.5	2.0	1.6	1.3	1.4	1.7	2.1	2.4	2.8	3.1	3.0	2.8	2.3	1.8	1.2	0.9	1.0	1.3	1.6